



Learning Opportunities for Grade 1FI

Week of May 4th

School Vision: *Motivating, Compassionate, Successful*

School Mission: *Making a difference....Committed to learning.....Supporting each other*

Do the best you can! Focus on life skills, physical activity, mental well-being, creative expression, social responsibility and social connections. Stay healthy and safe!

Try to work on the learning opportunities for 1 hour each day.

Literacy

High frequency words – Please continue to practice all sight words on word hook. Our new words of the week are: **voit, doit, cet, cette, dors, dort**

Videos of our new words are available by week under les mots fréquents:

<https://mllemcphail.weebly.com/les-mots-freacutequents.html>

Sounds to look for – Benoit Oiseau “oi” sound. Talk about words they already know that have the “oi” sound (moi, toi, vois)

Stories and songs for complex sounds are available under les sons complexes:

<https://mllemcphail.weebly.com/les-sons-complexes.html>

French speaking activities - This week try to have conversations about the following topic:

Comment peux-tu aider ton environnement? How can you help the environment?

- Pour aider mon environnement, je mets mes déchets dans la poubelle. *To help the environment, I put my garbage in the trash.*
- Pour aider mon environnement, je plante un arbre. *To help the environment, I plant a tree.*
- Pour aider mon environnement, j'éteins les lumières. *To help the environment, I turn off the lights.*
- Pour aider mon environnement, je recycle. *To help the environment, I recycle.*

Examples and stories are available on our website under les structures orales:

<https://mllemcphail.weebly.com/les-structures-orales.html>

Writing – This week your child should write about what they do/can do to help the environment. Have them draw a picture of ways that they can help or their family members help the environment. Use the vocabulary and pictures to guide their writing (additional resources end of document). Please refer to Learning Opportunities for the week of April 20th for further details on writing.

- Pour aider mon environnement, je _____.

Math

Counting – Students should practice counting aloud to 100. We had not spent a lot of time with this yet so further focus on numbers 50-100 will need time and practice. They should practice skip counting by 2s to 20, and by 5s and 10s to 100.

Students should be able to count objects to 50. They should also be able to group objects into groups of 5 and 10 and groups of 2 to 20.

Exploring measurement – Students should have opportunities to explore measurement by comparing objects. They should explore lengths, mass, area, and capacity through play.

Patterns – Students should talk about patterns. They should look to make patterns with two to four objects that repeat. Can they make up a dance? A song? A secret handshake?

Play

Both structured play and free play are important in the development of children. Neither type of play is more important than the other and it is ideal for parents to try to achieve a balance between structured and free play at home. Structured play is often adult-led, has an end “goal” or rules, and is ideal for teaching specific skills. Free play is often child-led, allows children to use their imagination and sense of discovery, and there is no specific end goal children are trying to meet. Here are some different learning opportunities for each type of play:

Structured Play: board games, following instructions to complete a craft, a game of basketball

Free Play: using play-doh, building with blocks or other materials, playing with dolls

<p>Reading</p> <p>Find a cozy place to read outside. Enjoy the sounds and fresh air while you read.</p>	<p>Literacy</p> <p>Watch a video from the MESSAGE section on our classroom website. Listen the first time. Try to read it with Mme as she reads. Turn off the sound, and try to read it on your own.</p>	<p>Math</p> <p>Measuring Sticks</p> <p>1) Find a variety of sticks that are different lengths. Order them from shortest to longest or shortest to tallest.</p> <p>2) Choose a stick. Find two more sticks that are longer/shorter or the same length as your chosen stick.</p>	<p>Free Play</p> <p>Use rocks, sticks, grass, mud to create a picture. Can you make a picture of you? What can you create?</p>
<p>Literacy</p> <p>Listen to a video from the SIGHT WORD section of the website (or choose 5-10 sight words from the ring). Try to write a sentence with each of the words. Try to think of a word that rhymes with each one. Make each word out of playdoh, rocks, beans, etc.</p>	<p>Reading</p> <p>Listen to Mme or Mlle read a story from the website. Tell someone what happens in the book.</p>	<p>Free Play</p> <p>Go outside and gather some sticks and rocks. Can you make a sculpture with your items? Can you stack your rocks to make a statue?</p>	<p>Math</p> <p>Counting collections: Choose an amount of nature objects to find outside and start to gather them or gather a collection of nature items and then count them.</p> <ul style="list-style-type: none"> -Organize your counting collection in groups of 10 to make it easier to count. -Can you count your collection by 5s? -What counting collection could you count inside?
<p>Math</p> <p>Use recyclables or other materials around your house to create a pattern. Challenge someone at home to continue your pattern. Then, ask if they could make a pattern for you to continue.</p>	<p>Free Play</p> <p>Create your own rainbow and display it safely in your house to show everyone that we are in this together. You can use crayons, markers, and paint, whatever you have at home!</p>	<p>Reading</p> <p>Spend time reading on Raz-kids or Epic! Remember the reading strategies to help you with unfamiliar words.</p>	<p>Literacy</p> <p>Listen to a video from the ORAL STRUCTURE section of the website. Practice the structure as Mme says it. Teach the structure to someone at home. Write the sentence and draw a picture of it.</p>
<p>Free Play</p> <p>Make a set of binoculars out of toilet paper rolls then take a walk outside. What do you notice through your binoculars? Can you say the things you see in French?</p>	<p>Math</p> <p>What can you build with your recyclables? Make a list of the objects you need and draw a sketch of what it will look like. Try your best to use things you already have in your home such as an empty water bottle, pop bottle or can. Think about where you should build it. Inside or out? What will you do with it after?</p>	<p>Literacy</p> <p>Watch a video from the SON COMPLEXE section. Follow along as Mlle reads. Draw a picture of what happens in the story. Practice the song, and see if you can figure out the action from the picture!</p>	<p>Reading</p> <p>Try out a new recipe or make a family favorite. Read the recipe together and re-read it as you follow the directions. What ingredients in the recipe do you know in French? Look up any new words online or in the dictionary!</p>
<p>Reading</p> <p>Grab a flashlight and some of your favorite books. Find a dark spot in your house. Turn on your flashlight and shine it on your book – read.</p>	<p>Literacy</p> <p>Writing – Brainstorm ways that you can help the environment with your family. What is one thing that you could do today? Draw a picture of how you are helping the environment. Fill in the following sentence structure. Pour aider l’environnement, je _____.</p>	<p>Math</p> <p>Make a small boat structure out of tinfoil. Find any object in the house that you will be able to put in the boat. Count in French how many of that object the boat will hold before it sinks. How many did you think it would hold? How can you change your boat to hold more?</p>	<p>Free Play</p> <p>Find an activity outside that you can play with. Try not to rely on anything that is built – only things that are natural. Can you play tic-tac-toe with rocks?</p>



Music with Mrs. MacLeod
 May 4th – 8th, 2020
 K-2

Hi everyone,
 I can't believe how long it has been since I've seen all of you! I miss classes together and am looking forward to the day that we can be back together again. Please remember to send me videos or pictures of you completing some of the activities listed. It would be great to see your faces again.



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<https://musicplayonline.com>

Don't forget about this website if you have access to a computer and internet. It has so many fun games, activities and songs. It sometimes works better in google chrome. Have fun and explore the site.



Music Ideas for the Week

Pick and 3 in a row to make tic tac toe or do as many as you want!!

10-minute dance party Put on your favorite music and practice those dance moves.	Use chalk to draw rhythms on your driveway or sidewalk	Sing the words of a book rather than reading the words.
Write a song about spring.		Listen to a song and name the instruments that you hear.
Sing a lullaby at bedtime.	Sit quietly in a room and draw a picture of all the sounds that you hear (voices, clock ticking, etc).	Listen to your favorite song and walk to the beat as you listen.

Physical Education at Home: May 4th – 8th

I trust students and families are staying active and positive during these historic times. At our house we truly enjoy the warmer days to get outside to play and explore. Personally, I have begun following an on-line exercise program and recently I purchased a new mountain bike to stay active. While on exchange in Australia, I began riding and plan to continue. I am looking forward to having the opportunity to explore trails locally and provincially, in time. Keep being active and safe!

Mr. King

Below are activities that can be done this week at home to assist with Physical Education At Home Learning. Take advantage of this time to participate and model physical activity with your family.

Card Shark Fitness

Equipment: 1 deck of cards, Fun music

Set-Up: Shuffle and place the deck of cards face down where everyone can reach it.

Activity Procedures: Draw a card, you'll use the exercise key below to determine which exercise to do. Complete the number of repetitions shown on your card. For example, if you draw the 4 of spades, perform 4 jumping jacks. Face cards (e.g., a king) are worth 10 repetitions. Aces are worth 11 repetitions.



= Jumping Jacks



= Knee Lifts



= Mountain Climbers



= Squats

Toss Up, Move Up

Equipment: ball or rolled up socks, a basket (ex. laundry basket, large mixing bowl, bucket), 5 distance markers (toilet paper rolls, stuffed animals).

Set-Up: Set the 5 target markers at different distances from your starting place. Place the basket or bucket beside the closest target marker.

Activity Procedures: Round 1: Do one jumping jack and then use an underhand throw to make a successful throw at your target, upon successful completion, move the bucket to the next target. Round 2: Start a 1-minute timer and see if you can throw your socks to the target at all 5 distance markers in one minute. Remember your one jumping jack before each throw.

Cues for Underhand Throw: Step with opposite foot of throwing hand, swing arm back, follow through towards target.

Number Balance

Equipment: music and an open space

Set Up: Clean an open space so you have room to move around safely.

Activity Procedures: Start the music and move around the space by walking, running, galloping, skipping etc. When the music stops have a family member put their fingers in the air. The number of fingers is the number of body parts you must balance on. 4=2 feet/2 hands, 3= 2 hands 1 foot,....

Throwing Challenge

Equipment: Something safe to throw such as a soft, small ball or socks.

Set Up: Find a safe space (preferably outside) and hold the ball or socks in your hand.

Activity Procedure: Try these challenges! Do 10 of each.

1. Right to Right 2. Left to Left 3. Right to Left 4: Left to Right 5: Toss up, clap, catch 6: Toss up, touch your toes, catch 7: Create your own challenge 8: Compete with a family member or your Bubble house

Yoga

Activity Procedure: Alphabet Yoga – Create each letter with your body and hold each of the poses for 10-15 seconds

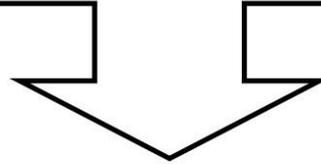
Equipment: Open space and Internet access (optional)

To help with ideas, visit <https://youtu.be/O0Bb5T2-b1A>

RESOURCES



J'aide mon
environnement



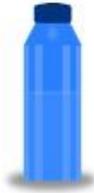
Comment peux-tu aider ton environnement? Pour aider mon environnement, ...



je mets mes déchets dans la poubelle.



j'économise l'eau.



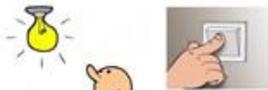
j'utilise une bouteille d'eau plusieurs fois.



je recycle du papier, du plastique,
du verre et bien d'autres produits.



je plante un arbre.
je fais un jardin.



j'éteins les lumières.



je donne les vêtements qui sont trop petits.



Pour aider environnement, ---
je fais un jardin avec ma ---
maman. Je plante des fruits ---
et des légumes. ---

